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**THE 28<sup>TH</sup> ACTION AGAINST HUNGER® FOOD DRIVE OCT. 6<sup>TH</sup>  
SEEKS NONPERISHABLE FOOD ITEMS**

**Drive to help feed families in Bergen, Essex, Passaic and Morris Counties**

— *One in 10 New Jersey Residents Live at Poverty Level* —

**Hackensack, N.J. — Aug. 13, 2019** —The Action Against Hunger® Food Drive is scheduled to take place on Sunday, October 6, 2019, from noon and 4 p.m. throughout North Jersey. The drive seeks to address the pervasive problem of food insecurity in New Jersey which affects one in 10 residents.

“When factoring in the real cost of living in New Jersey, an estimated one in four residents earn too little to meet their basic needs,” according to the New Jersey Anti-Poverty Network. With help from donors, the Action Against Hunger® food drive helps feed thousands of families throughout Bergen, Essex, Passaic and Morris counties, and ensures that the pantries continue nutrition and health education-related programs specifically for those who need it most -- seniors, children, and the infirm.

**Where to Donate**

The lead local emergency food pantries that will receive and distribute the food include: Center for Food Action, Bergen County; MEND, Essex County; and the Interfaith Food Pantry, Morris County. Donations will be accepted at locations listed advertised in The Record newspaper and on [ActionAgainstHunger.com](http://ActionAgainstHunger.com).

**Most-needed Nonperishable Items**

Nonperishable foods that are most needed include canned vegetables, meats, fish and fruits; hearty soups and stews; pasta; white and brown rice; peanut butter; enriched cereals; oatmeal; pancake mix; powdered or evaporated milk; 100 percent fruit juice; baby formula; and low-sugar and low-sodium foods for those with special dietary needs. (No glass containers.)

**Cash Donations**

Cash donations are the backbone of this effort, as pantries can stretch the dollar more than individuals can. Tax-deductible cash donations can be made online at [ActionAgainstHunger.com](http://ActionAgainstHunger.com) or mailed to Action Against Hunger®, P.O. Box 75, Hackensack, NJ 07602-0075.

Action Against Hunger® is administered by the Foundation of Northern New Jersey, formerly North Jersey Media Group Foundation. Sponsors include 1010 WINS, Acme, Foodtown, The Record, Kings, ShopRite and Stop & Shop. For more information about the drive, drop-off sites and how you can help, please visit the [website](http://website) or call 201-646-4306.

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